



Dr Etienne van der Walt

BSc, BMedSc, MBChB, MMed (Neurology)

Etienne is an accomplished neurologist and an authority in applied behavioral neuroscience. Etienne's 14-year career as a clinical neurologist means he has a deep understanding of the anatomy, biology, and physiology of the brain and the human nervous system. In the past decade, his professional and personal fascination with the remarkable discoveries coming from the various brain sciences has led him to believe in the vast potential of this new knowledge to enhance human capacity. The realization of this vision is the 2011 co-founding of Cape Town based Neurozone®, a neuroscience business dedicated to the application of brain science, analytics and coaching to enhance human capacity.

At the heart of the business of Neurozone® is a proprietary High Performance Code that informs leaders about the most current behavioral predictors for resilient and high performance ready individuals, teams and organizations. The Code draws on research from neuroscience, psychology, psychiatry etc. and its impact has been validated and is currently being used in various industries to enhance human capacity by focusing on the brain/body system. As a result, Etienne has developed a keen understanding of the neurobiological substrates, principles and insights that underpin team- and organizational performance. This knowledge enables Etienne to blend a variety of subjects into an integrated whole for practical application.

Etienne is the founder of AmazingBrainz™, an organization dedicated to the design of programs for the brain stimulation of young, developing children – especially in disadvantaged communities. Etienne worked as a neurologist in South Africa, the UK, and the Netherlands.

As an avid keynote speaker and masterclass teacher, Etienne engages with senior leaders, where individual, team and organizational resilience and optimizing human capacity takes center stage. He has a gift to simplify the complex and to demystify cutting edge neuroscience and knowledge of living systems for everyday application in leadership, high performance and well-being.

In addition to his Medical and Clinical Neurology degrees, Etienne also holds BSc degrees in Chemistry, Mathematical Statistics as well as Integrated Physiology and Virology.