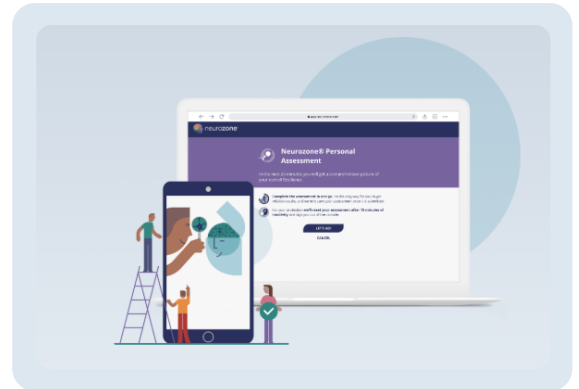


APPLIED NEUROSCIENCE & ANALYTICS

A more intelligent starting point for leadership development

A science-based measure of resilience and performance readiness – the objective starting point for the coaching, consulting and leadership development you already deliver.



WHY IT MATTERS

The issue is not only whether leaders can perform – but whether they can keep performing.



Delivering today

Leaders and critical teams may still be performing under current conditions.



Pressure accumulates

Pressure, complexity and change build – and skills alone stop being enough.



Sustaining performance

Continuing to adapt and recover takes underlying resilience and high-performance readiness.



Identify what is limiting performance

See patterns influencing adaptability, energy, focus and recovery.



Personalize development priorities

Focus on the few behaviors most relevant to each leader.



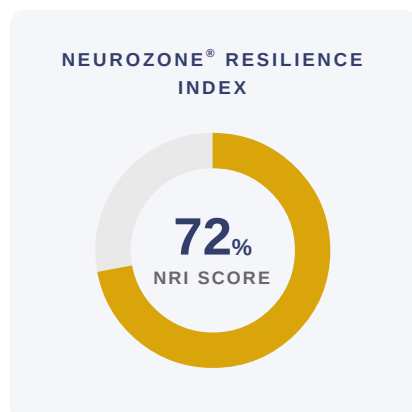
Establish a measurable baseline

Create a clear starting point that can be revisited after development.

THE NEUROZONE MODEL

Five domains. One living system.

Neurozone® builds high-performance resilience through five neurobiological domains. We comprehensively focus on all five – because sustainable performance depends on them working together as a living system, not in isolation.



Transformers

Mindset, meaning, and the capacity to identify what matters most.

Connectors

Relational safety, trust, belonging, and team cohesion.

Energy

Biological and motivational fuel for sustained effort, focus, and adaptive drive.

Innovators

Learning, creativity, and complex problem-solving capacity.

Rhythms

Sleep, movement, nutrition, recovery – the habits of sustainable performance.

WHAT EACH LEADER RECEIVES

A focused, coachable view of resilience

- ✓ A Neurozone® Resilience Index score and interpretation.
- ✓ A profile across five high-performance domains.
- ✓ Prioritized behavioral pathways showing where to focus first.
- ✓ A personalized development report that can be enriched through coaching and practical support.

✓= Priorities leaders can act on

Instead of overwhelming leaders with an exhaustive set of recommendations, the report identifies a small number of practical behavioral priorities.



Earlier visibility of strain

Highlights patterns related to overload, energy and recovery that may undermine sustainable performance if left unaddressed.

WHERE IT FITS

Built into how you already work

Individual & group coaching

Start with a structured baseline in either individual or group coaching. It provides further insight in support of goal achievement – use the report to shape the opening conversation and prioritize the plan.

Leadership programs

Identify leadership resilience capability priorities so program content responds to actual needs.

Supporting the leadership spine of organizations

Executive leadership teams · acceleration programs for high-potential leaders · recently hired leaders · mergers and acquisitions.

EVIDENCE BEHIND THE ASSESSMENT

- ✓ Peer-reviewed Resilience Index.
- ✓ Validated across multiple populations.
- ✓ Technical and validation information available on request.
- ✓ Neurozone® Resilience Index predicts mental health outcomes.

See what the assessment gives a leader.

[Click here](#) to view a Neurozone® Personal Assessment sample report.



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IN THEIR WORDS

What our clients say.

“Neurozone’s integrated system combines advanced personal diagnostics and science-based microlearning to protect mental health and to build resilient, high-performing leaders, teams, and organizations. Neurozone truly stands out as a global leader in bridging science, technology, and human development.”

Madelein Pretorius – Organization Development Specialist, *Nedbank*

“Viewing leadership through the lens of neuroscience gave me an interesting new perspective on everything I have been teaching about leadership for the past 30 years.”

Tessie Herbst – Academic Leadership Development, *Tshwane University of Technology*

“Neurozone’s solutions are finely tuned to the unique needs of each individual, making them highly effective. Thank you for an enriching experience that has left a lasting impact.”

Tracey Davies – Managing Director, *Halls Group*